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|  | Autumn | Spring | Summer |
| EYFS  KAPOW | Autumn Term 1 – Self-Regulation (My feelings)  Autumn Term 2 – Building relationships (Special Relationships) | Spring Term 1 – Managing Self  (Taking on Challenges)  Spring Term 2 – Self Regulation  (Listening and following instructions) | Summer Term 1 – Building relationships (Faily and Friends)  Summer Term 2 – Managing Self (My Wellbeing) |
| Y1  KAPOW PSHCE/RSE | Autumn Term 1 – Setting ground rules  Autumn Term 2 – Family Relationships | Spring Term 1 – Citizenship  Spring Term 2 – Economic Wellbeing | Summer Term 1 – Health and Wellbeing  Summer Term 2 – Changing Me |
| Y2  KAPOW PSHCE/RSE | Autumn Term 1 – Being Me in My World  Autumn Term 2 – Celebrating  Difference | Spring Term 1 – Dreams and Goals  Spring Term 2 – Healthy Me | Summer Term 1 – Relationships  Summer Term 2 – Changing Me |
| Y3  KAPOW PSHCE/RSE | Autumn Term 1 – Being Me in My World  Autumn Term 2 – Celebrating Difference | Spring Term 1 – Dreams and Goals  Spring Term 2 – Healthy Me | Summer Term 1 – Relationships  Summer Term 2 – Changing Me |
| Y4  KAPOW PSHCE/RSE | Autumn Term 1 – Being Me in My World  Autumn Term 2 – Celebrating Difference | Spring Term 1 – Dreams and Goals  Spring Term 2 – Healthy Me | Summer Term 1 – Relationships  Summer Term 2 – Changing Me |
| Y5  KAPOW PSHCE/RSE | Autumn Term 1 – Being Me in My World  Autumn Term 2 – Celebrating Difference | Spring Term 1 – Dreams and Goals  Spring Term 2 – Healthy Me | Summer Term 1 – Relationships  Summer Term 2 – Changing Me |
| Y6  KAPOW PSHCE/RSE |  | Spring Term 1 – Dreams and Goals  Spring Term 2 – Healthy Me | Summer Term 1 – Relationships  Summer Term 2 – Changing Me |