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|  | Autumn | Spring | Summer |
| EYFSKAPOW | Autumn Term 1 – Self-Regulation (My feelings)Autumn Term 2 – Building relationships (Special Relationships) | Spring Term 1 – Managing Self(Taking on Challenges)Spring Term 2 – Self Regulation(Listening and following instructions) | Summer Term 1 – Building relationships (Faily and Friends)Summer Term 2 – Managing Self (My Wellbeing) |
| Y1KAPOW PSHCE/RSE | Autumn Term 1 – Setting ground rulesAutumn Term 2 – Family Relationships | Spring Term 1 – CitizenshipSpring Term 2 – Economic Wellbeing | Summer Term 1 – Health and WellbeingSummer Term 2 – Changing Me |
| Y2KAPOW PSHCE/RSE |  Autumn Term 1 – Being Me in My WorldAutumn Term 2 – Celebrating Difference | Spring Term 1 – Dreams and GoalsSpring Term 2 – Healthy Me | Summer Term 1 – RelationshipsSummer Term 2 – Changing Me |
| Y3KAPOW PSHCE/RSE | Autumn Term 1 – Being Me in My WorldAutumn Term 2 – Celebrating Difference | Spring Term 1 – Dreams and GoalsSpring Term 2 – Healthy Me | Summer Term 1 – RelationshipsSummer Term 2 – Changing Me |
| Y4KAPOW PSHCE/RSE | Autumn Term 1 – Being Me in My WorldAutumn Term 2 – Celebrating Difference | Spring Term 1 – Dreams and GoalsSpring Term 2 – Healthy Me | Summer Term 1 – RelationshipsSummer Term 2 – Changing Me |
| Y5KAPOW PSHCE/RSE | Autumn Term 1 – Being Me in My WorldAutumn Term 2 – Celebrating Difference | Spring Term 1 – Dreams and GoalsSpring Term 2 – Healthy Me |  Summer Term 1 – RelationshipsSummer Term 2 – Changing Me |
| Y6KAPOW PSHCE/RSE |  | Spring Term 1 – Dreams and GoalsSpring Term 2 – Healthy Me | Summer Term 1 – RelationshipsSummer Term 2 – Changing Me |