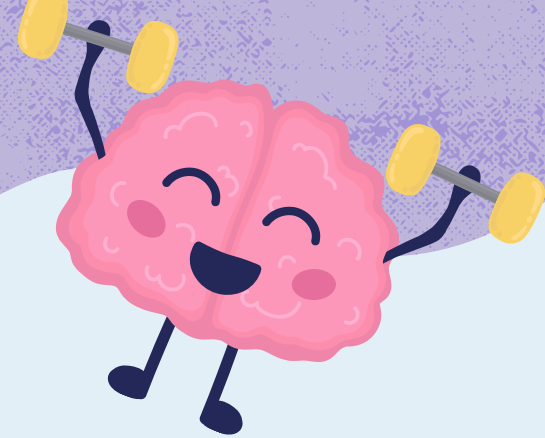


ARE YOU AGED BETWEEN 5 AND 8?



**WOULD YOU LIKE TO LEARN ABOUT HOW TO
LOOK AFTER YOUR MENTAL HEALTH?
COME ALONG TO ONE OF OUR
WORKSHOPS TO LEARN ABOUT YOUR
EMOTIONS AND HOW TO STAY
MENTALLY HEALTHY**



**DONT FORGET TO
BRING YOUR ADULT!
THEY MAY LEARN
SOMETHING TOO!**

**THIS SUMMER
COMPASS ARE
PROVIDING A
1-HOUR WORKSHOPS
TO GIVE YOU
KNOWLEDGE AND
TOOLS TO YOU AND
YOUR CHILD TO
UNDERSTAND AND
MAINTAIN
EMOTIONAL
WELLBEING**

- MONDAY THE 25TH JULY
KENDRAY &
WORSBROUGH FAMILY
CENTRE
10:30AM – 11:30AM**
- THURSDAY 11TH AUGUST
THURNSCOE FAMILY
CENTRE
2PM - 3PM**

**TO MAKE AN ENQUIRY ABOUT
THE WORKSHOPS
PLEASE CONTACT
COMPASS ON 01904 666371
OR EMAIL:
INFO@BARNSLEYMHST@COMPASS-
UK.ORG**

Compass

**FOR MORE INFORMATION PLEASE VISIT
COMPASS-UK.ORG**

01904 666371